

# Afternoon Tea



Inspired by Valentine's Day

## Selection of Sandwiches

Burford Brown Egg Mayonnaise, Chive & Caraway

Severn & Wye Smoked Salmon, Dill & Cream Cheese

Cucumber Cream Cheese & Mint

Coronation Chicken

## Homemade Cakes, Pastries and Sweets

Rhubarb & Vanilla Éclair

Rocher Heart Crunchy Hazelnut & Jivara Chocolate

Rose & Lychee Mousse

Passion Fruit Pavlova

Champagne Strawberry & Cream Shot

## Scones

Plain and Raisin Scones

Raspberry & Strawberry Jam

Clotted Cream

## Afternoon Tea

£45 per person

*Add a glass of*

*Gusbourne NV English Sparkling* £17

*Gusbourne NV English Sparkling Rosé* £19

*Taittinger NV Champagne* £21

*Free-Flowing Prosecco (90 min)* £20

**Please inform us of any allergy or dietary requirement so we may assist you.**

A discretionary 12.5% service charge will be added to your bill. All prices include VAT.

Changes to the menu are at the discretion of the chef.



Please use the QR code to access all allergen information.



# Artisan Teas & Infusions

## Black Teas

### Tregothnan Classic English Breakfast

The first tea grown in England, Tregothnan's Classic English Breakfast is made with tea leaves hand-plucked from beautiful gardens in Cornwall that are blended with the finest Assam. The perfect brew for any time of day.

### Emelyne's Cu-Tea Blend

A delightful Cherry Black Tea based with notes of caramel, Mixed Fruit and cocoa. This aromatic blend perfectly captures the essence of Valentine's day, Emelyne recommends adding a single sugar to ignite the sweetness of your love one on this special day.

### Afternoon Tea

Light and exotic blend of unique hand-plucked leaves from Tregothnan's Cornish estate with the finest tea from Darjeeling (Tregothnan's twin). Afternoon Tea is delicately refreshing with invigorating citrus notes.

### Earl Grey

Named after the 2<sup>nd</sup> Earl Gray (a previous Prime Minister), this blend English & Assam tea leaves is scented with the oil of the bergamot citrus fruit. Perfumed and rich, it can be enjoyed with milk or lemon.

### Lapsang Souchong

A distinctly smoky tea, its unique taste is created by carefully withering the leaves over smoking, fragrant Chinese wood, then drying the tea in bamboo baskets over burning pine. Lapsang Souchong is the Marmite of the tea world... but love it or hate it you won't find anything else quite like it.

### Lavender Black

Cornish & Assam teas blended with lavender for a light, fragrant and relaxing cup.

## Botanical Infusions

### Moroccan Mint

A wonderfully invigorating spearmint tea that is highly scented and known to aid digestion.

### Red Berry

A delicious fruit tisane that includes strawberries & raspberries from Kent apples and apples Cornish orchards.

### Chamomile Flower

Whole chamomile flowers give an elegant and soothing tea known for its relaxing properties.

### Lemon Verbena

Also known as verveine, lemon verbena has notes of citrus and lemongrass and is known to aid digestion and relaxation.

### Manuka

Grown exclusively at Tregothnan since it was first introduced from New Zealand in the 1800s, Manuka has a distinctively sweet spicy flavour.

## Green & White Teas

### Pai Mu Tan

A white, lightly oxidised tea grown in the Fugian province of China. Slightly richer than other white teas, Pai Mu Tan nonetheless a light-bodied, fragrant and mellow tea with fruity and grassy aromas.

### Tregothnan Green

Rich in health benefits, the process of creating green teas varies from black as oxidation is replaced by steaming so the fresh leaves retain their natural green colour and nutrients.

### Jasmine

Green tea leaves are lightly oxidised and blended with jasmine flowers for a delicate and perfumed cup.

## House-Blended Wellness Infusions

### Blue-tea-ful

This anti-oxidant powerhouse blends the butterfly pea flower with blue mallow flowers, lemongrass and vitamin-rich super berries.

### Energise

Ginkgo is brilliant at improving brain function and rosemary helps to increase focus – with a touch of black pepper, chilli & cinnamon to light the fire.

### Renew

Raspberry leaf for balance and mood-enhancing Lemon Balm are added to rose petals in this soul-inspiring blend.

### Rosy Glow

A natural boost for skin and hair that combines anti-ageing superstars rose, marigold & hibiscus with sweet strawberry and apple.

### Bliss

A blend of soothing Chamomile, Passion Flower & Catmint to ease tension and restore calm.

### Refresh

Cooling Mint and Hyssop blended with all-around super herb Echinacea, sweet Elderflower and lemon.

### Immuni-tea

Orange Lillies, Turmeric & Ginger all help to ward off those pesky bugs with their anti-bacterial properties while Cinnamon, Orange & Mango help the medicine go down !

## Coffee

Espresso / Double Espresso

Americano

Cappuccino

Latte / Turmeric Latte / Beetroot Latte / Matcha Latte

## Hot Chocolate

## Milk Choices

Full Fat, Skinny, Soy, Almond, Oat, Coconut