

TEA/COFFEE & JUICES

Coffee			Teas & Infusions	Juices & Smoothies		
Filter	(2 kcal)	£4	All £4.50	Orange	(115 kcal)	£5
Espresso/Macchiato	(21 kcal)	£4	English Breakfast / Afternoon Tea / Earl Grey / Green /	Grapefruit	(115 kcal)	£5
Double Espresso/Macchia	ato (21 kcal)	£5	,	Apple \delta	(132 kcal)	£5
Cappuccino	(157 kcal)	£5	Camomile Flower / Lemon Verbena / Moroccan Mint	Cranberry	(122 kcal)	£5
Latte	(157 kcal)	£5	Available Plant Milks	Tomato	(50 kcal)	£5
Hot Chocolate	(168 kcal)	£5	Almond (13 kcal/100ml) / Soy (44 kcal/100ml)	Daily Smoothie ^(V)		£6
All made with full fat milk as standard.			Coconut (20 kcal/100ml) / Ogt (35 kcal/100ml)	Calorie information availble on the day by request.		

BREAKFAST INCLUDED?

Please choose from our set menu.

A la carte items will be charged a supplement.

LIGHTER DISHES

Mixed Fruit Salad (V/VG)	(157 kcal)	£8		
Mixed Fruit or Natural Yoghurt ^(V) Add Granola Add Berries	(157 kcal) (250 kcal) (250 kcal)	£3.50 £3 £3		
Individual Selection of Pastries	(460 kcal)	£6		
White or Multi-grain Toast	(120 kcal)	£4		
Cereals ^(V) Muesli (<i>380 kcal</i>), Granola (<i>263 kcal</i>), Rice Krispies (<i>194 kcal</i>), Cornflakes (<i>194 kcal</i>), All-Bran (<i>285 kcal</i>), Coco-Pops (<i>194 kcal</i>)				
Ham & Cheese Plate	(301 kcal)	£10		
Porridge (V/VG) Semi-Skimmed (222 kcal) or Gluten-Free Oat (380 kcal) Add Topping: Banana (45 kcal) / Fresh Berries (60 kcal) / Maple Syrup (91 kcal)				

SET MENU

Tea, Coffee or Hot Chocolate

Orange, Apple or Grapefruit Juice

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Mixed Fruit Salad (V) (VG)

Or

Granola, Natural Yoghurt, Honey & Berries (V)

Or

Individual Selection of Pastries

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Full English, Vegetarian or Vegan Breakfast

Or

Smoked Salmon & Scrambled Eggs

Or

Pancakes, Bacon & Maple Syrup

COOKED BREAKAST

Full English Breakfast Burford Brown Eggs, Sausages, Dry-Cu Baked Beans, Hash Brown & Black Puc		£22 Tomato,					
Full Vegetarian Breakfast ^(V) Burford Brown Eggs, Vegan Sausage, (Spinach, Baked Beans, Hash Brown, To		£22 nto,					
Full Vegan Breakfast (VG) (759 kcal) £22 Scrambled Harissa Tofu, Vegan Sausage, Grilled Mushroom, Tomato, Spinach, Baked Beans, Hash Brown, Toast							
Omelette (172 kcal) £18 With toast and your choice of filling: Mushrooms (+142 kcal) / Tomatoes (+18 kcal) / Ham (+38 kcal) / Cheese (+101 kcal) / Fine Herbs (+12 kcal)							
Avocado & Poached Eggs ^(V) Crushed Avocado, Harissa Toast	(606 kcal)	£16					
Smoked Salmon Scrambled Burford Brown Eggs, Toast	(357 kcal)	£18					
Eggs Benedict Poached Eggs, Ham, Hollandaise	(519 kcal)	£17					
Two Eggs ^(V) Cooked as you wish! Served with toast	(340kcal)	£10					
Pancakes & Maple Syrup (V)	(561 kcal)	£14					
Add Banana	(+45 kcal)	£2					
Add Fresh Berries	(+60 kcal)	£3					
Add Bacon	(+250 kcal)	£5					
SID	E.S						

SIDES

Bacon (250 kcal) / Black Pudding (150 kcal) / Pork Sausage (230 kcal) /

Vegan Sausage (194 kcal) / Hash Brown (155 kcal) /

Grilled Tomatoes (27 kcal) / Baked Beans (94 kcal) /

Sauteed Spinach (169 kcal) / Mushrooms (142 kcal) / Avocado (161 kcal)

All sides £5

