

## TEA, COFFEE & JUICE

**Cold Drinks** 

Daily Smoothie

Ask for Allergens

Juices
Sulphites

**Hot Drinks** 

All coffees and teas can be served with the following options:

Full Fat / Skimmed Milk (Milk)
Almond Milk (Tree Nuts (Almond))
Soy Milk (Soy)
Oat Milk (Gluten(Oats))
Coconut Milk

## LIGHTER DISHES

Mixed Fruit Salad **Sulphites** 

Sliced Melon & Pineapple
Sulphites

Set Natural Yoghurt, Mixed Berries
Milk, Tree Nuts

Individual Selection of Pastries Gluten (Wheat), Milk, Egg

White or Multi-grain Toast Gluten (Wheat)

Cereals (V) £4.50

Muesli (Gluten (Oats, Wheat, Barley), Nuts, Sulphites)

Granola (Tree Nuts, Sulphites)

Rice Krispies (Gluten (Wheat))

Cornflakes (Gluten (Wheat))

All-Bran (Gluten (Wheat))

Cold Cut & Cheese Selection (Milk, Soy)

Porridge (Gluten (Oats), Milk)
Porridge can be made with an alternative choice of milk.

## COOKED BREAKAST

Full English Breakfast
Gluten (Wheat), Milk, Eggs, Mushroom, Sulfites

Full Vegetarian Breakfast Gluten (Wheat, Rye), Milk, Eggs, Mushroom

Full Vegan Breakfast
Gluten (Wheat), Soy, Mushroom

Omelette

Gluten (Wheat), Milk, Eggs

Avocado & Poached Eggs
Gluten (Wheat), Eggs, Soy

Spinach & Poached Eggs Gluten (Wheat), Eggs, Soy

Smoked Salmon & Scrambled Eggs Fish, Gluten (Wheat), Milk, Eggs

Eggs Benedict

Gluten (Wheat), Eggs, Milk, Mustard, Soy, Onion, Sulphites, Pork

Eggs Royale

Fish, Gluten (Wheat), Eggs, Milk, Mustard, Soy, Onion, Sulphites

Eggs Florentine

Gluten (Wheat), Eggs, Milk, Mustard, Soy, Onion, Sulphites

Two Eggs & Toast

Gluten (Wheat), Eggs

Pancakes

Gluten (Wheat), Eggs, Milk, Sulphites

Waffles

Gluten (Wheat), Eggs, Milk, Sulphites

## **SIDES**

Bacon (Pork) / Black Pudding (Gluten, Sulphites, Pork) /

Pork Sausage (Gluten, Sulphites, Pork) / Vegan Sausage (Soy) /

Hash Brown / Grilled Tomatoes / Baked Beans / Sauteed Spinach (Milk) /

Mushrooms (Milk)

All sides £4.50