



# Afternoon Tea

“A simple cup of tea is far from a simple matter”

-Mary Lou Heiss

## The Menu

### Selection of Gluten-Free Sandwiches

Egg Mayonnaise, Baby Spinach & Avocado

Smoked Turkey, Cranberry Sauce

Fresh Tomato, Sun-Dried Tomato & Basil

Smoked Salmon, Cucumber & Cream Cheese

### Homemade Gluten-Free Cakes, Pastries and Sweets

Gingerbread Macaroon

Clementine & Prosecco Trifle

Chocolate Brownie & Ganache

Lemon Tart, Raspberry Meringue

Brown Butter Sponge, Rhubarb Compote

### Scones

Plain and Raisin Gluten-Free Scones

Raspberry & Strawberry Jam

Clotted Cream

### Afternoon Tea

£39 per person

*Add a glass of:*

*Ayala Brut Majeur, NV* £15

*Ayala Rosé, NV* £17

*Bollinger Special Cuvée, NV* £19

*Free-Flowing Prosecco (90 min)* £10



## **Selection of Artisan Teas**

### **Royal English Breakfast**

This is our special blend of Ceylon & Assam black teas. The rich strength of Assam and the smooth flavour of Ceylon produce a full and rounded cup. A fantastic all-around tea!

### **Assam BOP**

A black tea grown at high altitude in the north of India. BOP stands for Broken Orange Pekoe and reflects that the larger leaves are broken to give a greater surface area (and therefore infusion). This is a strong and intense tea with malty flavours that is best enjoyed with the addition of milk.

### **Ceylon OP**

A black tea grown at altitude in Sri Lanka. OP or Orange Pekoe refers to the highest grade of tea consisting of only unbroken leaves. This gives the cup a rounder, smoother mouthfeel with a delicate perfume.

### **Darjeeling First Flush**

Grown right against the Himalayas, the area of Darjeeling is famous for its exclusive teas. First flush is the highest grade of Darjeeling and refers to the fact that only the two first-grown leaves are plucked for use in the tea. Light, elegant and floral, many connoisseurs consider Darjeeling to be the 'Champagne' of teas.

### **Pai Mu Tan**

A white, lightly oxidised tea grown in the Fujian province of China. Slightly richer than other white teas, Pai Mu Tan nonetheless a light-bodied, fragrant and mellow tea with fruity and grassy aromas.

### **Sencha Fukuyu**

Grown in coastal Honshu, this benchmark steamed Japanese green tea is refreshing and distinctive. High in antioxidants, light and smooth with a strong, grassy flavour, this is the quintessential Japanese tea.

### **Gunpowder Green**

A Chinese green tea that is made by rolling each leaf into a small pellet shape – often resembling gunpowder! This method helps to preserve the flavour and freshness of the tea leaf and results in a delicious, light-bodied and refreshing tea.

### **Earl Grey**

Named after the 2<sup>nd</sup> Earl Gray (a previous Prime Minister), this large leaf Chinese tea is scented with the oil of the bergamot citrus fruit. Perfumed and rich, it can be enjoyed with milk or lemon.

### **Niagara Peach**

Infused Sencha green tea with lush peach notes and sweet overtones of jasmine.

### **Moroccan Mint**

A wonderfully invigorating spearmint tea that is highly scented and known to aid digestion.

### **Chamomile Flower**

Whole chamomile flowers give an elegant and soothing tea known for its relaxing properties.

### **Lemon Verbena**

Also known as verveine, lemon verbena has notes of citrus and lemongrass and is known to aid digestion and relaxation.

*Coffee is also available on request.*