

BREAKFAST ALLERGENS

FULL ENGLISH BREAKFAST
Gluten (Wheat), Egg, Milk, Sulphites, Pork

AVOCADO & POACHED EGGS
Gluten (Wheat), Egg, Milk, Sulphites

TWO EGGS - COOKED AS YOU WISH!

Egg

SMOKED SALMON & SCRAMBLED EGG
Fish, Egg, Milk, Sulphites

OMELETTE

Egg, Milk, Pork

SIDES

bacon (Pork) / mushrooms (Milk) / grilled tomatoes / baked beans (Sulphites)/

sauteed spinach (Milk) / sausage (Gluten (Wheat), Sulphites, Pork)

PORRIDGE

Gluten (Oats), Milk, Sulphites

WAFFLES

Gluten (Wheat), Milk, Nut, Sulphites

NEAL'S YARD GREEK YOGHURT

Milk

Add granola (Gluten (Oats), Nuts, Sulphites)

TOAST & PASTRIES

Gluten (Wheat), Egg, Milk, Lupin

CEREALS

Muesli (Gluten (Oats), Nuts, Sulphites), Granola (Gluten (Oats), Nuts, Sulphites), Rice Krispies (Gluten (Wheat)),

 $Comflakes \ \textbf{(Gluten (Wheat))}, \ All-Bran \ \textbf{(Gluten (Wheat))}$

FRUIT SALAD

JUICES & SMOOTHIES

Please ask a member of staff for allergen information