REN Clean Facial Treatments

REN RENEW
An advanced anti-ageing facial designed to plump, renew and revitalise wise experienced skin. For the first signs of ageing to mature skin.
75mins £140

REN RADIANCE
A brightening facial designed to resurface, renew and re energise tired, dull and stressed skin. For all skin types.
75mins £140

REN BESPOKE
An energising, purifying facial designed to enhance naturally happy, healthy skin. For all skin types.
60mins £110

REN Clean Body Treatments

THE REN MOROCCAN ROSE RITUAL
An exquisite experience indulging you in a REN bespoke facial, body glow and massage. Heavenly Moroccan Rose together with our bespoke zen touch work to relieve body tension, uplift the spirit and soothe the mind for the ultimate feeling of balance.
150mins £270

REN BODY GLOW
An invigorating mineral rich full body exfoliation using principles of the REN Bespoke body massage to buff away dead skin cells and leave your skin velvety soft and renewed, finished with an application of a zesty aroma REN body cream.
60mins £105

REN BESPOKE BODY MASSAGE
An indulgent full body massage combining acupressure and shiatsu techniques to detoxify, relax and invigorate. Customised to your needs and preference, this massage will leave you feeling calm, refreshed and energised.
60mins £100

REN BESPOKE HOT STONE MASSAGE °
Using therapeutic heated stones this massage therapy melts away tension, eases muscle stiffness and increases circulation and metabolism.
60mins £120

Book a treatment, call: +44 (0)207 640 3347, email: spa@athenaeumhotel.com
The Spa and Gym are open from: Monday to Friday 8.00am to 8.00pm, Saturday and Sunday 8.00am to 5.30pm
24-hour gym access for resident guests
REN DETOX WRAP
A detoxifying body wrap using a high tech warming cocoon that will take you to a place of pure relaxation while having a facial and scalp massage to melt all your worries away, leaving you feeling like a new person.
105mins £195

REN MAMA MASSAGE
A relaxing full body massage to reduce common maternity stress on the body by stimulating blood circulation, reducing water retention and relieving fatigue. This massage uses safe and effective prenatal techniques to relax the whole being as well as that beautiful bump.
60mins £115

Ren Express Treatments

Choose from one of our express treatments for a quick fix, or add on to your treatment for extra indulgence.

REN MOROCCAN ROSE SCRUB
Full body sugar scrub, with REN’s world renowned Moroccan Rose body scrub.
30mins £60

REN GUERANDE SALT SCRUB
Energising full body salt scrub.
30mins £60

REN EXPRESS
A purifying, hydrating facial for maximum results in minimum time.
30mins £60

REN BACK TO LIFE
A back, neck and shoulder massage using Japanese acupressure and Swedish massage techniques. This massage will bring you ‘back to life’, restoring your inner balance.
30mins £60

REN HEAD IN THE CLOUDS
Melt every bit of tension away with this truly amazing Indian Head inspired scalp, neck and shoulder massage leaving you with your ‘head in the clouds’.
30mins £60
Additional Treatments
(NOT USING REN)

- Manicure 30min £45
- Pedicure 45mins £55
- File & Paint £22
- Gelish Hands or Feet £55

Waxing Available upon request