

Afternoon Tea

Afternoon tea reimaged. Inspired by Fondant Fancies, the natural beauty of our Living Wall and nearby Royal Parks, this is a quintessentially British experience. Afternoon tea, The Athenaeum way.

Selection of Sandwiches

Cured Coppa Ham, Toasted Mini Brioche (M, GL, MI, E, SO, S)
Traditional Coronation Chicken (GL, MI, E, P, N, M, S)
John Ross Smoked Salmon (GL, F, E M, S)
Free Range Eggs Mayonnaise on Spinach Bread (GL, E, MI, SO, L, N, M, S)

Scones

Plain and Raisin Scones (GL, E, MI, C, S)
Raspberry Jam
Strawberry Jam
Clotted Cream (MI)

Homemade Cakes, Pastries and Sweets

Raspberry Cheesecake (GL, E, MI)
Orange Tart (GL, E MI)
Strawberry Pannacotta (GL, E MI)
Chocolate Sensation (GL, MIL, SO, E)
Chocolate Mouse Blueberry Insert (GL, MI, SO, E)

Afternoon Tea

£60 per person

Add a glass of:

Gusbourne NV English Sparkling	£17
Gusbourne NV English Sparkling Rosé	£19
Taittinger NV Champagne	£21
Free-Flowing Prosecco (90 min)	£20

Tea Blending Trolley

A unique blending experience that features a signature cocktail and tea blending trolley, all of which will follow nature's changing cues. Trained by Master Tea Blender Alex Probyn, our team guide you in exploring 45 bespoke ingredients — including English-grown tea from Cornwall by Tregothnan, and seasonal botanicals. After a few thoughtful questions, your perfect blend will be revealed. Afternoon Tea £75 per person includes the Blending Experience

ALLERGENS KEY

C-CELERY | CR-CRUSTACEAN | E-EGG | F-FISH | GL-GLUTEN | MI-MILK | MO-MOLLUSCS | M-MUSTARD | N-NUTS | SE-SESAME | SO-SOY | S-SULPHITES
| P-PEANUTS | L-LUPIN

A discretionary 13.5% service charge will be added to your bill. All prices include VAT. Sustainable, Low Carbon Choice, (V) Vegetarian, (VG) Vegan

Artisan Teas & Infusions

BLACK TEAS

Tregothnan Classic English Breakfast

The first tea grown in England, Tregothnan’s Classic English Breakfast is made with tea leaves hand-plucked from beautiful gardens in Cornwall that are blended with the finest Assam. The perfect brew for any time of day.

Afternoon Tea

Light and exotic blend of unique hand-plucked leaves from Tregothnan’s Cornish estate with the finest tea from Darjeeling (Tregothnan’s twin). Afternoon Tea is delicately refreshing with invigorating citrus notes.

Earl Grey

Named after the 2nd Earl Grey (a previous Prime Minister), this blend English & Assam tea leaves is scented with the oil of the bergamot citrus fruit. Perfumed and rich, it can be enjoyed with milk or lemon.

Lapsang Souchong

A distinctly smoky tea, its unique taste is created by carefully withering the leaves over smoking, fragrant Chinese wood, then drying the tea in bamboo baskets over burning pine. Lapsang Souchong is the Marmite of the tea world... but love it or hate it you won’t find anything else quite like it.

Lavender Black

Cornish & Assam teas blended with lavender for a light, fragrant and relaxing cup.

EMELYNE’S BLEND

A delightful Gen Mai Cha (Japanese Sencha) based with notes of Popcorn, Coconut and Ginger Flavour. This aromatic blend perfectly captures the essence of an early spring, Emelyne recommends adding a single sugar.

BOTANICAL INFUSION

Peppermint

A wonderfully invigorating spearmint tea that is highly scented and known to aid digestion.

Red Berry

A delicious fruit tisane that includes strawberries and raspberries from Kent and apples from Cornish orchards.

Chamomile Flower

Whole chamomile flowers give an elegant and soothing tea known for its relaxing properties.

Lemon Verbena

Also known as verveine, lemon verbena has notes of citrus & lemongrass and is known to aid digestion and relaxation.

Manuka

Grown exclusively at Tregothnan since it was first introduced from New Zealand in the 1800s, Manuka has a distinctively sweet spicy flavour.

Rooibos

Rooibos or ‘Red Bush’ is a South African **tisane** traditionally made from the leaves of the flowering shrub, **Aspalathus linearis**. With a multitude of health benefits, Rooibos is a delicious caffeine-free alternative to traditional teas.

GREEN & WHITE TEAS

Pai Mu Tan

Slightly richer than other white teas, Pai Mu Tan is nonetheless a light-bodied, fragrant and mellow tea with fruity and grassy aromas.

Tregothnan Green

Rich in health benefits, the process of creating green teas varies from black as oxidation is replaced by steaming so the fresh leaves retain their natural green colour and nutrients.

Jasmine

Green tea leaves are lightly oxidised and blended with jasmine flowers for a delicate and perfumed cup.

HOUSE-BLENDED WELLNESS INFUSION

Blue-tea-ful

This anti-oxidant powerhouse blends the butterfly pea flower with blue mallow flowers, lemongrass and vitamin-rich super berries.

Energise

Ginkgo is brilliant at improving brain function and rosemary helps to increase focus – blended with green tea, a touch of black pepper, chilli & cinnamon to light the fire.

Renew

Green tea is combined with lemon, rose, lemon balm & jasmine blossom, in this soul-inspiring blend.

Rosy Glow

A natural boost for skin and hair that combines anti-ageing superstars rose, marigold & hibiscus with sweet strawberry and apple.

Bliss

A blend of soothing chamomile, linden blossom, passion flower, lavender & safflower to ease tension and restore calm.

Refresh

Cooling mint, sweet fennel, lemon verbena and nettle help to aid digestion and restore vitality.

COFFEE

Espresso / Double Espresso / Americano

Cappuccino / Latte

Turmeric Latte / Beetroot Latte /
Matcha Latte

Hot Chocolate

All made with full fat milk as standard.

MILK CHOICES

Full Fat, Skinny, Almond, Coconut, Oat, Soy