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With treatments and products available in exclusive locations around the world, Aromatherapy Associates is the global leader in aromatherapy. Founded in 1985, Aromatherapy Associates is a luxury, 5 star spa and skincare brand developing specialised aromatherapy treatments and home care products for customers all over the world.

The company is committed to producing high quality innovative products with natural ingredients, striving for sustainability of species at source and endorsing fair trade practices.

FACIALS

PRESCRIPTION FACIAL

A personalised prescription using a range of therapeutic renewing or balancing essential oil based products. Including facial pressure point massage to boost your complexion and revive your skin texture to add a lasting glow to your appearance.

60 mins £75

RENEW ROSE ANTI AGEING FACIAL

Designed for mature, dry and devitalized skins. Uses the nourishing properties of Rose and Frankincense.

90 mins £100

BALANCE DEEP CLEANSING FACIAL

Tailored for oily and combination skin. Using the natural antiseptic properties of Lavender and Tea-Tree.

60 mins £75

RENEW ROSE TOTAL INDULGENCE

FACIAL & MASSAGE

Pure hands-on therapy at its best. Using natural Damask Rose Water this is more than a facial, this is a facial experience. Cleansing, toning, exfoliation, a rejuvenating facial massage and application of a hydrating mask are topped and tailed with a back massage, relaxing scalp massage and a pampering hand and arm massage.

90 mins £100

REVITALISING EYE TREATMENT

Designed to counteract the effects of ageing or fatigue around the eye area. Using Shea Butter and Rose Wax.

30 mins £40

20 mins £25 add on to any treatment

NOURISHING HAIR AND SCALP TREATMENT

Using pure essential oils of Rosemary, Geranium, Ylang Ylang and Patchouli, promotes circulation & healthy conditioned hair. An enriching hair oil treatment is applied with an Ayurvedic scalp massage.

30 mins £35

20 mins £25 add on to any treatment

HANDS & FEET

An uplifting, aromatic hand or foot soak followed by an Olive grain scrub, softening and hydrating wrap, layers of deeply nourishing gels, oils and creams are applied to upper arms or lower legs with soothing massage.

ROSE PETAL LUXURY MANICURE

Intensely rich and moisturising oils, gels and creams of Renew Rose.

GINGER AND BLACK PEPPER MANICURE

Specially selected essential oils to support circulation and re-invigorate your hands and arms.

45 mins £45

ESSENTIAL MAINTENANCE MANICURE

30 mins £30

RE-VARNISH

20 mins £20

MOROCCAN ROSE PEDICURE

Let your feet rest in comfort the hydrating properties of Damask Rose Water whilst your mind takes pleasure in its enriching and heartening aroma.

GINGER AND BLACK PEPPER PEDICURE

A smoothing, revitalising treatment that will leave you more than ready to get back on the treadmill.

REVIVING FOOT PEDICURE

A lively, empowering treatment for worn out and neglected feet using a zesty mix of citrus oils.

60 mins £60

MASSAGE

AROMATHERAPY STRESS RELIEF MASSAGE

Traditional full body massage uses the best of massage practices from the East and West. Choose from one of our 11 blends to focus on enhancing your mood, working out the stresses and strains and bringing your body and mind back into balance.

60 mins £75 | 90 mins £100

ANTI CELLULITE TREATMENT

A wake up call to legs, bums and tums! Using Pink Grapefruit, Mandarin with Juniper Berry and Rosemary to detox your body from the inside out.

60 mins £80

REVIVE JET LAG MASSAGE

An enlivening, stimulating massage. Using Mandarin and Pink Grapefruit to rejuvenate all your senses.

90 mins £100

DESTRESS MUSCLE RELEASE

Involves intensive deep tissue techniques using Ginger and Black Pepper to warm and soothe tense aching muscles.

60 mins £75 | 90mins £100

SCRUBS AND WRAPS

An all over body exfoliation using a Green Olive and Sea Silk Scrub. Indulge in layers of luxury as a hydrating gel, nourishing oil and moisturising cream are smoothed all over and gently massaged into your skin. Wrapped up in relaxing comfort, enjoy a mind-freeing massage to scalp or feet.

DESTRESS SOOTHER

Frankincense carries you off into deep, meditative relaxation.

CITRUS DETOX REVIVER

Feel cleansed inside and out with this powerful citrus treatment.

LAVENDER AND PEPPERMINT COOLER

The healing powers of Lavender cool your skin while Peppermint and Rose comfort and sooth your body.

ROSE HYDRATING COCOON

Thoroughly moisturising treatment using rich oils and creams with Damask Rose.

60 mins £75

ENRICH BODY TREATMENT

An invigorating, intensely nourishing and moisturising treatment using Coffee, Tuberose, Jasmine and Tonka Beans.

90 mins £110

CUT STYLE AND BLOW DRY

CUT & FINISH

Ladies Complete New Look	£85
Cut & Finish	£75
Blow Dry / Set	£45
Long Hair Blow Dry	£50
Gentleman's Haircut	£50

COLOUR

Foil High / Lowlights: Full Head	£139
Foil High / Lowlights: Half Head	£110
Permanent Colour: Regrowth	£70
Permanent Colour: Full head	£90
Semi Permanent Colour	£65

HAIR SMOOTHING – FROM £75

*(Post colour and smoothing procedures require a blow dry finish so please add £35 to prices stated)

HAIR DRESSING

French Pleat	£40
Specialist Hair Up	£55

SERVICE SPECIALS

Deep conditioning treatment	£20
Course of six	£80
At home service	£100 per hour


the athenæum